# Overcoming Challenges to Ideal Primary Care

February 27, 2018





#### Welcome & Announcements

- Welcome Ann Greiner, President & CEO, PCPCC
- Upcoming Webinar March 27, 2018 at 3:00pm EST
  - ➤ **Topic**: <u>Transforming Clinical Practice by Supporting Patient and Family Decision</u>
    Making
  - ➤ **Registration**: Visit the Events Calendar on the PCPCC Website: www.pcpcc.org/calendar
- PCPCC Policy Agenda Update
- Interested in PCPCC Executive Membership?
  - Email Allison Gross (<a href="mailto:agross@pcpcc.org">agross@pcpcc.org</a>) or visit: www.pcpcc.org/executive-membership
- Questions during the webinar?
  - Please use the chat box



### **Shared Principles of Primary Care**

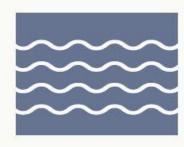


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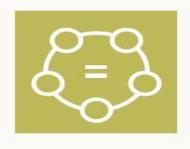




COORDINATED & INTEGRATED



CONTINUOUS



COMPREHENSIVE & EQUITABLE



HIGH VALUE



TEAM BASED & COLLABORATIVE



ACCESSIBLE

www.pcpcc.org/sign

#### **Panelists**



**Ann Greiner** 

President & Chief Executive Officer PCPCC



Dr. Jason Hill, D.O.

Chief Medical Officer Choctaw Nation Health Services Authority



Dr. Christopher Scuderi, D.O.

Associate Chair of Clinical Operations &
Associate Professor of Community Health
and Family Medicine
University of Florida College of Medicine
Jacksonville
Medical Director of UF Health Family
Medicine and Pediatrics New Berlin



# Overcoming Challenges to Ideal Primary Care

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ASSOCIATE PROFESSOR OF COMMUNITY HEALTH AND FAMILY
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#### Objectives

• 1. Review our current practice

 2. Review how meeting PCPCC Shared Principles benefits our practice and patients

3. Identify my three biggest challenges to optimal care

#### **Our Practice**

UF Health Family Medicine and Pediatrics New Berlin

- Established July 2009
- 4 of us first day
- Growing area of North Jacksonville
- Part of UF Health Network
- Rotation site
  - 3<sup>rd</sup> Year UF COM Students
  - 4<sup>th</sup> Year LECOM students
  - Residents from St. Vincent's Family Medicine Residency



#### Our Practice in 2018

- 6 Providers and 2 Buildings
  - 4 Physicians
  - 2 NPP's
  - 1 Registered Nurse
  - Part time LCSW
  - Part time Nurse Care Coordinator
  - Over 20 Staff
- NCQA PCMH since 2011
- Emphasis on Team-based care
- Over 20,000 visits in last year



### Our Demographics

Commercial/HMO 48%

Medicare/HMO 25.4%

Tricare 14.6

Medicaid7%

Self Pay5%



#### Person and Family Centered-Care

Hired part-time LCSW and care-coordinator

- Community education
  - North Jax Monthly
  - Patient Appreciation Party and Health Fair
  - Local speaking events (schools, health fairs and churches)
- SullivanLuallin surveys
  - Almost 500 patient evaluations in past 6 months
  - 97.1% of our patients would recommend our clinic
  - 99.3% of our patients feel their care is good or better
  - Review data weekly
  - Service recovery plan

#### **Continuous Care**

Expanded to add pediatric office in 2013

Medicare Annual Wellness Visits

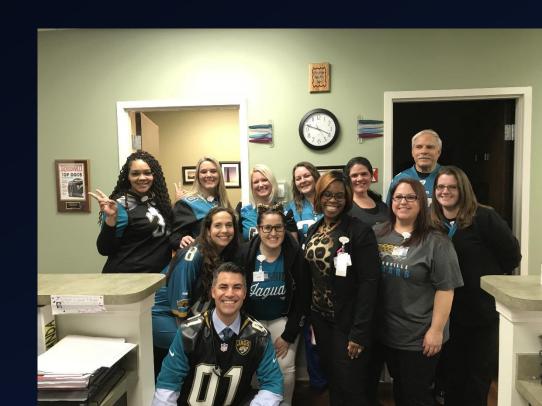
Transitional Care Visits

#### Comprehensive and Equitable Care

- NCQA PCMH since 2011
  - Level III since 2014
- Epic
  - Integrated care
  - Healthy Planet
- American Cancer Society
  - Two grants to improve colorectal cancer screening
- FAFP Diabetes Master Clinician Site
- Goal for 2018
  - Build survey for social determinants of health in our system

#### Team-Based and Collaborative Care

- My passion
- UF W. Martin Smith Interdisciplinary Patient Safety Award
- Importance of staff
  - Defined mission
  - Clear roles
  - Monthly training and education
  - Equal voice
  - Collaborative learning
- How do we reward our staff
  - Morale fund
  - Financial incentives for staff



#### Coordinated and Integrated Care

- 68% of our patients are using MyUFHealth app
  - One provider has 87% of patients
- Partnership with UF Gainesville to develop robust health maintenance module

- Participation in Ambulatory Performance Improvement Committee and Patient Advocacy Committee
- Fully integrated with UF Health North and greater UF system

#### Accessible

- Innovative scheduling
  - 7:20AM first appointment
  - Have evening provider until 8PM Monday-Thursday
  - Online scheduling
  - PRN providers
- Central call center
  - Expanded hours
  - Triage Nurse
- How to navigate our system

#### High Value Care

NCQA Level 3 PCMH

Humana HEDIS 4.05 Star rating

ACO BCBS

- Value-based Funding Team
- Healthy planet
  - Monthly meeting
  - Staff training
  - Patient testimonials



#### EHR's Not Optimized

- Difficult to share data
  - MACRA and Health Maintenance
  - Hospital discharges
  - Colonoscopy study

- Lack of Al
  - Not enough information auto-populates
  - Too many clicks

#### Lack of Reimbursement For Work Outside Patient Visit

- Spending 2 hours each weekday beyond patient visits
- Average day
  - 30 medication refills
  - 25 mychart messages (1,000 messages month of January)
  - 10 phone calls
  - 15 charts that need action
  - 15-20 Non Physician Provider charts to sign
  - 30 results
- Over 1 hour per weekend day
- This is beyond 8-9 hours seeing patients
- We need to make Family Medicine viable option for medical students
- Burnout is a real threat to our specialty



#### Retaining Staff in Thriving Economy

- Competitive marketplace
- Lack of applicants
- As we move to team-based approach our staff makes or breaks us



### Thank you

Christopher.scuderi@jax.ufl.edu



# Choctaw Nation Health Services Authority

### **Choctaw Nation Health**

- Choctaw Nation of Oklahoma
- 3<sup>rd</sup> Largest Federally Recognized Tribe
- Forcibly relocated from Mississippi area to present day to Indian territory, now SE Oklahoma
- About 250,000 members worldwide, 80,000 living in Oklahoma

### **Choctaw Nation Health**

- Tribe Compacted with IHS in 1995 to be solely responsible for managing all aspects of its health care delivery system
- Payer Mix:
  - Private Insurance 22%
  - Medicaid 22%
  - Medicare 11%
  - No Payer Source 55%

# Choctaw Nation Health Services Authority

- About 900 Primary Care visits per day
- Hospital 37 beds, Talihina Oklahoma
- 9 Satellite Clinics
- 1 Ambulatory Surgery Center
- 1600 FTE
- 500-600 newborn deliveries per year



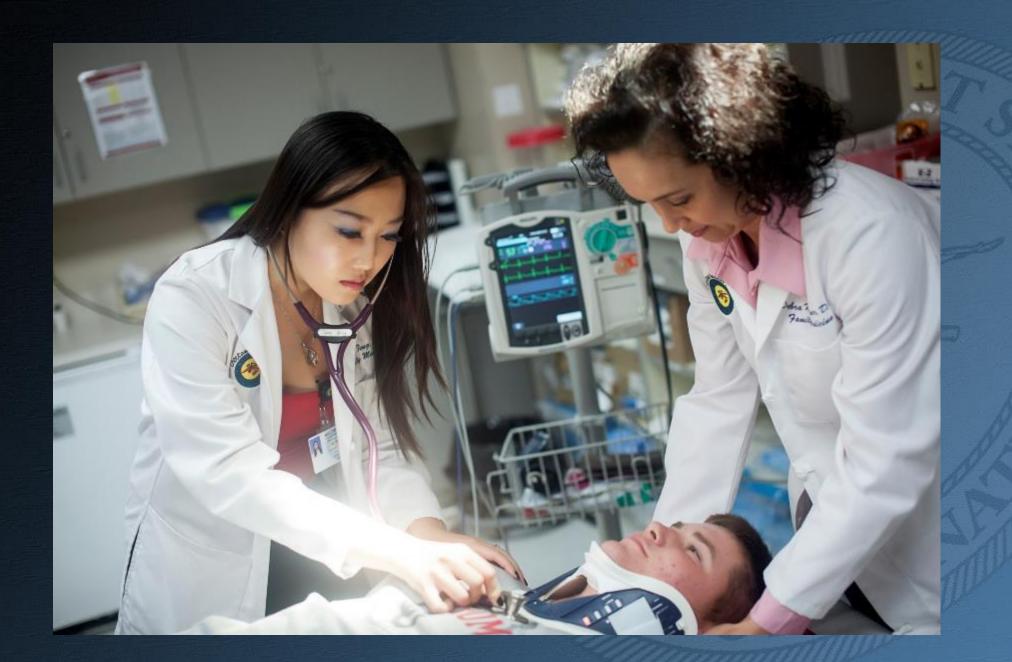
# Top Three Challenges

- Recruiting
  - Physicians
  - Other Licensed Staff
- Logistics / Geography
- Keeping up with regulatory burden



# Choctaw Nation Family Medicine Residency

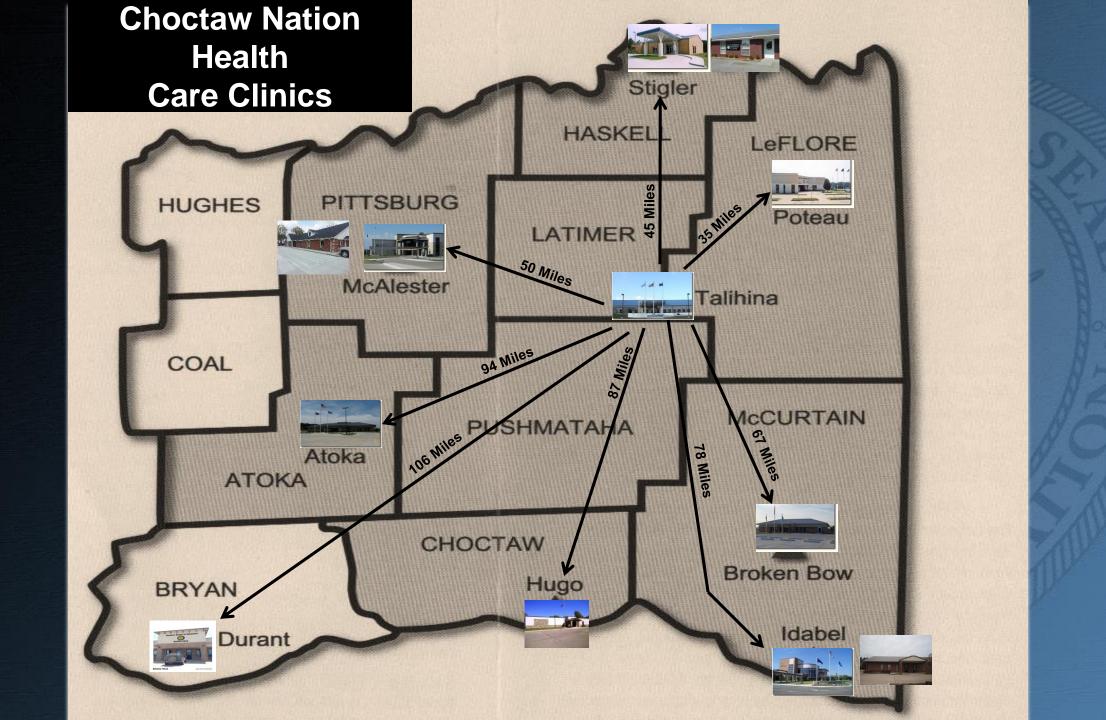






# Academically Friendly

- Mindset that views our local students as a precious natural resource for our health system
- High School
  - Lectures on health topics by physicians in local high schools
  - Health Career day for Juniors and Seniors
- Colleges
  - Presentations for Pre-Med Clubs
  - Free Pizza
  - Shadowing Experiences Coordinated through the Medical Staff Office
- Medical Schools
  - Presentations at the Medical Schools
  - More Pizza
  - Core Rotations
  - Housing



# Location X 3 = Recruiting, Recruiting

- Physician' Benefits Package
  - Copious Leave
  - Competitive Salaries
  - Simplify Practice Medicine not Business
  - Housing
  - Bonus Systems
  - Student Loan Repayment Opportunities
  - Incentivized Voluntary Hospital Call Program

# Location / Logistics

- Centralized Pharmacy Refill Center
- Telemedicine / Telecommunications
- Smart Phone Apps
  - Virtual Visits
  - Medication Refills
  - Scheduling Appointments
  - Lab Results
  - Current Medication Lists

# Simplifying Practice

- Physicians responsibility is High Quality Medicine
- Health Systems Responsibility is Fiscal Continuity
  - Billing / Collections
  - Quality
  - Accreditation

## **Questions?**



