



***The Choosing Wisely  
Breakthrough Series  
with PCPCC***

Patient-Centered  
**Primary Care**  
COLLABORATIVE



**Choosing  
Wisely**



# Break Through with *Choosing Wisely*

## Who?

- 5- 10 Clinics or teams working with a PTN
- Willing and able to provide data
- Able to commit a team to work on project and participate once monthly in learning activities





# Break Through with *Choosing Wisely*

## Who?

- To identify the 5-10 teams or clinics, we ask groups to complete a brief survey
- 5-10 teams/clinics will be chosen to participate by committee
- Additional teams/clinics are invited to participate in all learning activities. However, additional teams will not receive individual coaching sessions.



# Break Through with *Choosing Wisely*

## What?

### Let us help you implement **Choosing Wisely!**

- Collaborative learning experience
- PDSA cycle focused on reducing 2-3 too frequently used tests or treatments
- Access to expert coaches



# Break Through with *Choosing Wisely*

## When?

- The series will last from May 2018 to July 2019
- 1-on-1s will begin in May-June
- Application due by **May 31<sup>st</sup>. Rolling admissions until July will be considered.**
- Learning events will be every other month starting in June



# Break Through with *Choosing Wisely*

## How?

- 1-on-1 meetings for each site with coaches to assess needs and help plan
- 7 virtual learning events
- Virtual learning platform for discussion and with links to resources
- 6 “homework” assignments





# Break Through with *Choosing Wisely*

## How?

- Reduction of 2-3 tests/treatments/procedures discouraged by Choosing Wisely
- TCPI Patient and Family Engagement Metrics at the Point of Care

# Commitment

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- Identify a CW Breakthrough team
- At least one team member must participate in bi-monthly learning activity
- Complete “homework” assignments bimonthly
- At least one team member will join online learning community
- Reduce 2-3 tests, treatments and/or procedures
- Provide data on reductions (Data requirements will be established with each group based on resource capacity.)
- Integrate patient and family engagement in plan
- Report on TCPI Patient and Family Engagement Point of Care Metrics as agreed upon within plan
- Complete one PDSA cycle



## Benefits

Address overuse through a structured quality improvement approach

Learn from other clinics and teams in your cohort

Consult with experts

Access tools identified and tailored to your work

Connect with clinicians and quality improvement staff across the country doing similar work



*An initiative of the ABIM Foundation*

# THANK YOU

For More Information:

[www.choosingwisely.org](http://www.choosingwisely.org) | [www.abimfoundation.org](http://www.abimfoundation.org)



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