

**KU MEDICAL CENTER HEALTH PSYCHOLOGY PRACTICUM (Psych
835 and 836) Revised 08-17-11**
Clinical Settings

A. Pediatrics:

1. Behavioral Pediatrics Clinic: Children and adolescents (with or without chronic disease) who present with internalizing disorders (depression, anxiety, anger, etc.), externalizing disorders (attention deficit hyperactivity disorder, oppositional-defiant disorder, etc.), and chronic disease-related adjustment problems (nonadherence to medical regimens, pain, and coping difficulties) are seen in these clinics. Patients are referred by physicians, other therapists, teachers, or parents refer themselves. See attached schedule for clinic times and location. Intake information is sent to the parents prior to the first appointment and they bring this information with them to the clinic. Short-term, cognitive-behavioral treatment is offered, with each patient having between 2 and 10 visits in the clinic.
2. Inpatient Pediatric Consultation Service: Consults can be called in at any time from the general pediatric or subspecialty inpatient services. The pediatric inpatient units are on the 4th floor of Bell Memorial. The Pediatric Intensive Care Unit is on the 4th floor of Bell Memorial. Occasionally we are also consulted by the Burn Unit, which is on the 5th floor of Bell Memorial. We may be asked to assess and provide recommendations for children and adolescents who are having behavioral or adjustment problems or to provide support for parents and children. We may also be involved in providing advice and support to the nursing or medical staff. Inpatient consultations are directly multidisciplinary in that we are part of the medical and nursing team that is treating the child and we have frequent interactions with the staff.
3. Outpatient Pediatric Subspecialty Clinics: We are sometimes asked to see a particular patient in one of the subspecialty clinics (rheumatology, oncology, endocrinology, etc.) by the subspecialty physician and/or nurse. These are usually brief contacts to assess and make recommendations about needed psychological services. Patients who need more extensive services will usually be scheduled in our Pediatric Psychology clinic.
4. Telemedicine Outreach Clinic: The telemedicine clinic uses televideo technology to deliver the same behavioral pediatrics evaluation and treatment services described above to families across Kansas. Children present with internalizing and externalizing concerns as well as parents seeking child management strategies and assistance with coping with loss. In addition to working with the child and parent/guardian, therapists work closely with school faculty and other community resources to implement recommendations. Grant supported interdisciplinary telemedicine clinics provide team evaluation and treatment over televideo for depression. The project also includes online curriculum for trainees concerning youth depression.
5. Multidisciplinary Endocrinology Clinic: Children and adolescents who present with an endocrinology-related disorder (.e.g., diabetes, idiopathic short stature, Turner's

syndrome) are seen in this clinic. We are asked to work with the child or adolescent to treat an internalizing disorder (e.g., adjustment disorder, depression, anxiety, etc), externalizing disorder (e.g., attention deficit hyperactivity disorder), and chronic illness-related adjustment problems (e.g., coping difficulties, adherence problems). Patients are typically referred by the clinic team or parents refer their child. In many cases, our work with patients is directly multidisciplinary in that we are part of the endocrinology team that is treating the child and we consult with our colleagues during the clinic as time permits. This clinic is located in suite 300, Prairie Village Pediatrics.

B. Rehabilitation Medicine:

NeuroRehabilitation Psychology Inpatient Consult Service: The neurorehabilitation psychologist provides services (assessment, psychotherapy, individual therapy) to adults with diverse diagnoses, including traumatic and non-traumatic brain and spinal cord injury, and other medical conditions requiring rehabilitation services. The neurorehabilitation psychologist also provides consultation to trauma, burn, surgery, and medicine services within the medical center. The inpatient rehabilitation unit is a 21 bed acute and short-term rehabilitation unit for people with physical and cognitive difficulties resulting from trauma and/or disease. The unit is staffed by a multidisciplinary team including rehabilitation medicine physicians (physiatrists), rehabilitation nurses, occupational and physical therapists, speech language pathologists, a social worker, a nutrition specialist/dietician, a recreational therapist, and the neurorehabilitation psychologist. The team meets twice weekly to discuss patients currently on the unit and determine treatment goals, plan of care, and discharge. The neurorehabilitation psychologist also participates in weekly multidisciplinary burn unit staff meetings. As a member of the teams, the neurorehabilitation psychologist evaluates, monitors, and treats mood and cognition, administers cognitive screens, gives feedback and education to patients, families and staff, and provides psychological treatment (e.g., CBT, relaxation training, supportive counseling). The neurorehabilitation psychologist is called to other units in the hospital for similar consultative services.

Optional: NeuroRehabilitation Psychology Outpatient Clinic: On Tuesdays and Thursdays, neuropsychological evaluations of adults and children with physical and cognitive disabilities (e.g., stroke, brain injury, other neurological diagnoses, and/or psychiatric diagnoses) are performed. The clinical interview (starts at 8:30 am) is led by the neuropsychologist with the extern or intern and the psychometrist also present. The interview is followed by the testing which is typically administered by the psychometrist. Feedback sessions on this testing are performed on Monday afternoons between 2 and 4 pm.

C. Cancer Center:

Cancer Center Psychologists can be called for a consult at any time from one of the subspecialty oncology outpatient clinics. The outpatient clinics are located at the Westwood campus, 2330 Shawnee Mission Parkway. There is also a radiation oncology

outpatient clinic at the main hospital. We may be asked to assess and provide recommendations for primarily adults, but also some children and adolescents who are having behavioral or adjustment problems in reaction to their cancer diagnosis or to provide support for caregivers of those with cancer. We may also be involved in providing advice and support to the nursing or medical staff. Consultations are multidisciplinary in that we are part of the medical and nursing team that is treating the individual with cancer. Each oncology disease site team meets once weekly to discuss patients who are pending treatment to determine plan of care. As a member of the team, the psychologist evaluates, monitors, and treats mood and cognition, administers cognitive screens, and provides psychological treatment (e.g., CBT, relaxation training, supportive counseling), gives feedback and education to patients, families and staff, and provides psychological treatment (e.g., CBT, relaxation training, supportive counseling).

Team Leader/Supervisor

Michael A. Rapoff, Ph.D. is the Ralph L. Smith Professor of Pediatrics and Vice-Chair for Research/Scholarship in the Department of Pediatrics at KU Medical Center. He is also a Co-Team Leader and Adjunct Professor in the Clinical Psychology Program at KU. Dr. Rapoff is a licensed psychologist in Missouri and Kansas and is listed in the National Registry of Health Service Providers in Psychology. He is also a Fellow of Division 54 (Society of Pediatric Psychology) of the American Psychological Association. Dr. Rapoff received his PhD in Developmental and Child Psychology from the University of Kansas in 1980. He completed a two-year postdoctoral Fellowship in Behavioral Pediatrics at KU Medical Center in 1982 and joined the staff of the Pediatrics Department as an Assistant Professor in 1982. Dr. Rapoff clinical and research focus is on psychosocial issues in chronic pediatric diseases, including pain, adherence, and coping/adjustment.

Co-Team Leaders/Supervisors

Monica Kurylo, Ph.D., ABPP is an Associate Professor in the Departments of Rehabilitation Medicine and Psychiatry & Behavioral Sciences at KUMC. She received her doctorate degree in clinical psychology (health/rehabilitation emphases) at the University of Kansas, and has internship and postdoctoral experience in rehabilitation psychology and neuropsychology. Dr. Kurylo is Treasurer of Division 22, Rehabilitation Psychology, of the American Psychological Association (APA), and is a member of the Committee for the Advancement of Professional Practice (CAPP) of the APA and a member of the Kansas Psychological Association (Academic/Research Representative). She is active in many other APA Division 22 activities, including serving on the program committee for the annual mid-winter conference. She has served in the past as liaison for Division 22 to CAPP, the Board for the Advancement of Psychology in the Public Interest (BAPPI), and the Committee for Disability Issues in Psychology (CDIP). She also belongs to Divisions 40 (Neuropsychology), 38 (Health), 35 (Society for Women), and 31 (State, Provincial, and Territorial Psychological Association Affairs) of APA, the Kansas Psychological Association, Women in Medicine and Science (Kansas University Medical Center chapter), and the Academy of Spinal Cord Injury Professionals. Her research interests include stress among professional and family caregivers. Office #: 913-588-6777; Pager # 913-917-4969; email: mkurylo@kumc.edu

Eve-Lynn Nelson, PhD: is an Assistant Professor in the Department of Pediatrics and is a licensed psychologist in the state of Kansas. She earned her BA from the University of Missouri-Kansas City and her PhD in clinical psychology from the University of Kansas. She completed additional training through the University of Miami FL Center for Child Development and through a KUMC rural outreach post-doctoral fellowship. She is the Assistant Director of Research through the KU Center for Telemedicine and Telehealth and leads a number of projects evaluating technology in patient care. As a telepsychologist, Dr. Nelson sees patients over interactive televideo through schools participating in the TeleKidcare program and through rural sites across Kansas. Her primary clinical and research interest is increasing access to psychology services through telemedicine.

Robert Twillman, Ph.D.: Dr. Twillman is a former Clinical Associate Professor in the Department of Psychiatry and Behavioral Sciences at KU Medical Center. He is currently Director of Policy and Advocacy for the American Academy of Pain Management. Dr. Twillman is a licensed psychologist in the states of Kansas, California, and Pennsylvania. He obtained his PhD in Clinical Psychology from UCLA in 1989 and completed a one-year postdoctoral fellowship in Behavioral Medicine and Anxiety Disorders at the Neuropsychiatric Institute at UCLA. Dr. Twillman's clinical and research focus is on psycho-oncology and the assessment and treatment of pain.

Supervisors

Martha U. Barnard, R.N., M.N., Ph.D. a Clinical Professor and Division Chief of Behavioral Pediatrics in the Department of Pediatrics at KU Medical Center. She is also an Assistant professor in the School of Nursing at KU Medical Center and an Adjunct Assistant Professor in the Department of Human Development and Family Life at the University of Kansas. Dr. Barnard is a licensed pediatric nurse practitioner and a licensed psychologist in the state of Kansas. She received her master's degree in Nursing in 1968 from the University of Florida and her PhD in Developmental and Child Psychology in 1985 from the University of Kansas. She completed a two-year postdoctoral fellowship in Behavioral Pediatrics at KU Medical Center in 1987. Dr. Barnard has specialized in the care of children and their families with chronic or life limiting illnesses. In addition to several other issues, her practice includes children and adolescents with depression, anxiety disorders, oppositional defiant disorder, ADHD, posttraumatic stress disorders and factitious disorders.

Ann McGrath Davis, Ph.D. is an Associate Professor in the Department of Pediatrics at KU Medical Center. Dr. Davis is a licensed psychologist in the state of Kansas. She received her Ph.D. in Clinical Psychology in 1999 from Western Michigan University and completed a Pediatric Psychology Fellowship at Children's Hospital Medical Center, Cincinnati, OH, in 2001. Dr. Davis is the psychologist for the Feeding Team and the psychologist and Co-Director of the Healthy Hawks program to treat pediatric obesity. Her research focuses on childhood obesity.

Rhonda Johnson, P.h.D. is an Associate Professor in the Department of Psychiatry at KU Medical Center. Dr. Johnson is a licensed psychologist in the states of Kansas and

Oklahoma. She received her Ph.D. in Counseling Psychology from Oklahoma State University, completed an APA approved internship from the Oklahoma Health Consortium and then completed a Health Psychology Fellowship at the University of Oklahoma Health Sciences Center. She is director of the Patient Support Services Staff at the University of Kansas Cancer Center. Dr. Johnson focuses both clinical and research interest on psycho-oncology and quality of life.

Stephen Lassen, Ph.D. is an Assistant Professor in the Department of Pediatrics at KU Medical Center. Dr. Lassen received his Ph.D. in Clinical Child Psychology from the University of Kansas in 2006. He completed his residency in Clinical Child Psychology/Pediatric Psychology at Harvard Medical School and his postdoctoral fellowship in Pediatric Psychology at the University of Washington School of Medicine. Dr. Lassen specializes in the care of children with chronic or life-limiting illnesses and their families. In addition, his practice includes children and adolescents with a range of behavioral and emotional concerns. Dr. Lassen has primary responsibility for the inpatient consultation/liaison service for Behavioral Pediatrics.

Susana R. Patton, PhD, CDE is an Associate Professor in the Department of Pediatrics and is a licensed psychologist in the state of Kansas. She earned her Ph.D. in Clinical Psychology from MCP Hahnemann University (Philadelphia, PA) in 2000 and completed a Pediatric Psychology Fellowship at Cincinnati Children's Hospital Medical Center in 2002. From 2002-2004, Dr. Patton completed an NIH-supported research fellowship (Ruth L. Kirschstein National Research Service Award) in type 1 diabetes at Cincinnati Children's Hospital Medical Center. From 2004-2010, Dr. Patton was on faculty at the University of Michigan Medical School. She joined the faculty at KUMC in 2010. Dr. Patton is the psychologist for Pediatric Endocrinology. Her research focuses on the management of diabetes in youth. Dr. Patton became a Certified Diabetes Educator in 2009.

Maura W. Wendland, Ph.D. is a Clinical Assistant Professor in the Department of Pediatrics at KU Medical Center. Dr. Wendland is a licensed psychologist in the state of Kansas. She received her Ph.D. in Clinical Child Psychology from the University of Kansas and completed her internship at Shands Hospital at the University of Florida. Dr. Wendland also completed a one-year postdoctoral fellowship at the University of Kansas Medical Center in Developmental Disabilities and Behavioral Pediatrics. Her clinical interests include caring for hospitalized children and families with chronic illness or trauma-related events. Her practice also includes working with children with oppositional defiant disorder, developmental disabilities, ADHD, anxiety, depression, and medical adherence issues.

Phone and Pager Numbers (area code: 913) and Email Addresses

Dr. Rapoff	-	Office: 588-6373; Pager: 917-7889; rapoff@kumc.edu
Dr. Barnard	-	Office: 588-6341; Pager: 917-9099; mbarnard@kumc.edu
Dr. Davis	-	Office: 588-5928; Pager: 917-3476; adavis6@kumc.edu
Dr. Johnson	-	Office: 588 6029 Pager: 917-1123 rjohnson7@kumc.edu
Dr. Kurylo	-	Office: 588-6798; Pager: 917-4969; mkurylo@kumc.edu
Dr. Lassen	-	Office: 588-4169; Pager 917-0126; slassen@kumc.edu

Dr. Nelson - Office: 588-2413; Pager: 917-3000; enelson2@kumc.edu
 Dr. Patton - Office: 588-0513; Pager: 917-4278; spatton2@kumc.edu
 Dr. Wendland - Office: 588-0334; Pager: 917-2006; mwendland@kumc.edu

Supervision

Supervision will be provided individually and as a group. Individual supervision sessions will be arranged with specific supervisors and group supervision will take place on Wednesday morning from 10:00 to 11:30 at KU Medical Center in the Department of Pediatrics, Room 2036 HC Miller Bldg.

Practicum Requirements

You are expected to meet the following requirements. Feedback will be provided periodically and those interns not meeting requirements will be given individual corrective feedback as needed. Specific requirements are:

1. Attend assigned clinics and be on time. Initially you will observe assessment and treatment procedures but will gradually be asked to assume more clinical responsibilities. You will also be asked to chart visits using the standard SOAP system (Subjective, Objective, Assessment, and Plan).
2. We are very sensitive about patient and family rights of confidentiality and you are asked to avoid discussing specific patients and families outside our supervision sessions. Also, please do not provide information to other staff or referral sources without prior review and approval by your supervisor. We have legal, ethical and moral responsibilities for patients and have to be involved in all aspects of patient care.
3. Attend all supervision sessions and keep records of patient contact hours (see practicum log). This is essential for you to receive proper credit for your clinical activities. You will not be given credit for patient contact hours that have not been recorded on the log form and submitted to Dr. Rapoff (keep a duplicate log form so you have a backup).
4. Complete assigned readings and prepare clinical presentations to the group. You will be given specific readings that are relevant to the types of psychosocial and medical problems that we encounter. You can avail yourself to the medical center and pediatrics department libraries to obtain additional information of interest. You will be asked to make clinical presentations to the group on specific patients or on a topic determined by the group. The format of these presentations will be discussed with your supervisor. Please be assertive in seeking out new knowledge and information by reading on your own and asking questions. Ask and you shall find.

In addition, we strongly recommend that you take advantage of the many educational opportunities here at KUMC, particularly Grand Rounds and Grand Attending Rounds. Please take advantage of the schedule through the KUMC web calendar and through your supervisor's suggestions.

We hope you have a good experience. At various times during the practicum (and formally at the end) we will ask for your feedback which will be very helpful in revising the practicum. Please be specific and candid with us in providing this needed feedback.

Performance Objectives: KUMC Health Psychology Practicum

Pediatrics

1. Independently conduct an intake interview with children who present with behavioral, affective, adjustment, pain, or toileting problems and their parents in outpatient pediatric psychology clinic.
2. Dictate initial intake report from outpatient pediatric psychology clinic that includes elements specified by supervisor.
3. Discuss and demonstrate to patients and families the following therapeutic protocols:
 - Cognitive Restructuring
 - Deep Breathing and Guided Imagery
 - Enuresis Treatment
 - Encopresis Treatment
 - Negotiating and Contracting Skills
 - Progressive Muscle Relaxation
 - Time-in and other parenting strategies
 - Time-out
 - Token System
 - Cognitive-Behavior Strategies for Mood Management
4. Independently conduct initial inpatient consultation for children and adolescents who present with acute or chronic disease-related psychosocial issues (e.g., nonadherence to medical regimens, pain, adjustment and coping problems).
5. Write up initial inpatient consultation (after discussing with supervisor) and discuss with medical team.
6. Conduct literature search and summarize literature on topic related to clinical case as assigned by supervisor.
7. Make one grand attending rounds case presentation to pediatric faculty, residents, and medical students.

Performance Objectives for Rehabilitation Psychology:

1. Independently conduct a neuropsychological screening evaluation. Write an evaluation report including elements provided by the supervisor and formulate a treatment plan.
2. Independently conduct an evaluation of psychological functioning. Write an evaluation report including elements provided by the supervisor and formulate a treatment plan.
3. Conduct a literature search and summarize current knowledge related to specific cases as assigned by the supervisor.
4. Observe other therapy sessions (speech, physical, and occupational therapies).

5. Optional: Provide a verbal summary of the assessment findings on specific inpatient(s) to the inpatient treatment team during weekly staffing conference.
6. Optional: Observe outpatient neuropsychological evaluation interview and testing. Observe neuropsychological evaluation feedback session.

KUMC Cancer Center

1. Independently conduct an intake interview with a patient presenting with a behavioral, cognitive or affective disorder.
2. Independently conduct a follow-up interview with a patient followed in the Oncology Clinic.
3. Independently conduct an intake interview with a patient referred for emotional/psychological distress related to their cancer diagnosis or treatment. Dictate or write an initial intake report based on this interview.
4. Understand and accurately discuss with patients/families the distinctions among substance abuse/addiction, physical dependence, and tolerance.
5. Demonstrate ability to instruct a patient in the use of guided imagery, progressive muscle relaxation, or other relaxation technique.
6. Understand and discuss with supervisor the basic mechanisms of action, side effects, and therapeutic efficacy of the major classes of antidepressants, anxiolytics, opiates, and anticonvulsants, and factors to consider in choosing a particular medication within each class.
7. Understand and discuss with supervisor and/or patient the distinctions between normal mood changes related to medical conditions and their treatments, adjustment disorder, and clinical mood or anxiety disorders.

Telemedicine

1. Review online and written rotation materials concerning outreach and psychology practice with technology.
2. Complete assessment and treatment components complementing the Pediatrics performance objectives. Note similarities and differences in the telemedicine setting, particularly related to working with underserved communities.
3. Review online materials concerning case history examples specific to the TeleHelp clinic. Write initial intake report following this format.
4. Reflect understanding of skills needed to work in an interdisciplinary team providing outreach.
5. Observe one additional telemedicine clinic related to health psychology.

6. Complete literature review and presentations as described in the Pediatrics objectives.

What you must do in order to complete Advanced Practicum:

Students must have their own professional liability insurance, complete KUMC online HIPAA tutorial, get a letter from Dr. Kirk verifying certain coursework and practicum hours (see below) and agree to a background check. Practicum students must submit an application (please contact Lesley Leive at lleive@kumc.edu for the application or get from Bb) to Lesley Leive at MS 4015, Dept of Psychiatry & Behavioral Sciences and you will then be enrolled in 0 credits of PSYCH 33-1001, CLN (17095) at KUMC, and should expect a \$20.37 fee per practicum semester.

Example for Dr. Kirk's letter:

Here is the info needed:

1. Successful completion of at least 4 full-time semesters of graduate level coursework (with acceptable grades, A or B) - **I've completed X semesters (including summers), and all required coursework for the program with acceptable grades.**
2. At least one course in psychological assessment - Assessment I in Spring of 20XX (grade X) and Assessment II in fall of 20XX (grade X)
3. At least one course in psychology treatment/intervention - **Theories and Methods of Psychotherapy in Spring 20XX (grade X)**
4. At least 100 hours of direct clinical contact - **Currently have approximately XXX contact hours through KU clinic and approx. XXX KUMC hours.**
5. An ethics course - **Professional and Ethical Problems in Clinical Psychology in Fall 20XX (grade X)**