

PGY 1 SPRING SYSTEMS

Day 1: Approaching Complexity In Healthcare

GOALS and Objectives:

PM Re-orient to Systems Introduce Complex Adaptive Systems

Time	Topic	Chronometric Process	Developmental Process	Resistance/ Barriers
1:00-1:50	Re-Orient	1. <u>Exercise</u> : Why Systems? (Andy) 2. <u>Process</u> : Schedule, Expectations (Andy) 3. <u>Exercise</u> : Systems Framework (Andy)	1. Re-establish Purpose and Value <input type="checkbox"/> Buy IN 2. Review knowledge and skills to date	1. Previous Experience with Systems
2:00-2:50	Complexity and CAS	1. <u>Didactic</u> : Complexity and CAS (Andy) Video 2. <u>Article</u> : Coping with Complexity, Educating for capability	1. View CAS as real - expand view of importance.	1. Concrete thinkers
3:00-3:50	Complexity in Healthcare	1. <u>Exercise</u> : Recognizing and Approaching Complexity in Healthcare. 2. <u>Didactic</u> : Complexity Definitions in Healthcare	1. Recognize own biases in recognizing complexity based on colors. 2. Recognize own struggles with approaching complexity based on colors.	
4:00-5:00	Narrative Medicine	1. <u>Didactic</u> : What is narrative Medicine? 2. <u>Article</u> : Narrative Medicine: Attention, Representation, Affiliation. 3. <u>Exercise</u> : Poem or short story as a practice piece.	1. Introduce Narrative and frame Healers Art	

Day 2: Healers Art and Hero Myth

Goals and Objectives:

AM: Healers Art - Self Care: Understanding how to care for self when in Dip/Transformational Learning.

PM: Hero Myth - Recognize own frame in approaching care and complexity - Care plan tools to approach and influence CAS

Day 3: Motivational Interviewing

Goals and Objectives:

Understand MI concepts and practice skills – applied to CAS – influence the system

Day 4: Healers Art and Motivational Interviewing

Goals and Objectives:

AM: Healers Art – Self Care – Re-Enforce – not a super –hero – need to care for self in order to care for others.

PM: MI - Understand MI concepts and practice skills – applied to CAS

Day 5: Sim Lab and Learning Conversations

Goals and Objectives:

AM: SIM Lab: Relationship based care: Apply skills to date for experience learning.

PM: Learning Conversations I – Reframe Expert to Facilitator and introduce learning conversation skills of Listening, Inquiry, Advocacy, Ladder of Inference and R/L Column.

Day 6: Retreat

Day 7 and 8: Situational Leadership

Goals and Objectives:

Expand frame and develop skills of how to facilitate growth and learning in others.

Day 9: Learning Conversations II and Relationship Based Care

Goals and Objectives:

AM: Learning Conversations II – Reframe via Walking Tour of Concord – Integrate learning to exterior world.

PM: Collaboration via Relationship Based Care

Day 10: Relationship Based Care and Wrap Up

Goals and Objectives:

AM: Relationship Based Care

PM: Wrap Up

