

PSYC 950 Supervision and Consultation: Theory and Research

Instructor: Sarah Kirk, Ph.D.
Office hours: By appointment – I am here every day 8-5
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Schedule: 10-12 Mondays starting August 20th for 8 weeks (skipping Labor Day)
Room: 312 Fraser Hall

Text/Readings:

Required: Bernard, J. M., & Goodyear, R. K. (2009). Fundamentals of clinical supervision (4th ed.). Boston: Allyn & Bacon. [hereafter cited as **B&G**]

Hunter, C.L, Goodie, J.L., Oordt, M.S., & Dobmeyer, A.C. (2009). Integrated Behavioral Health in Primary Care Step-by-Step Guidance for Assessment and Intervention. APA [hereafter cited as **HGOD**]

Recommended: Falender, C.A., & Shafranske, E.P. (2004). Clinical supervision: A competency-based approach. Washington, DC: American Psychological Association.

Neufeldt, S.A. (2007). Supervision strategies for the first practicum (3rd ed.). Alexandria, VA: American Counseling Association

Holloway, E.L. (1995). Clinical supervision: A systems approach. Thousand Oaks, CA: Sage.

Pope-Davis, D.B., & Coleman, H.L.K. (Eds). (1997). Multicultural counseling competencies: Assessment, education and training, and supervision. Thousand Oaks, CA: Sage.

Watkins, C.E. (Ed.) (1997). Handbook of psychotherapy supervision. New York: Wiley.

Robinson, P.J. & Reiter, J.T. (2007). Behavioral Consultation and Primary Care: A guide to Integrating Services. NY, NY. Springer Science+Business, Media, LLC (out of print but a great resource!)

Journal articles and other readings all available on Blackboard

Description:

This course is designed to provide students with a foundation of research knowledge to include: clinical supervision and consultation theories and models, various approaches to supervision, the relationship, legal and ethical considerations in the provision of supervision/consultation.

This course does not involve experience in the provision of supervision. Students may apply the spring of their 3rd or 4th year in the program to enroll in PSYC 951 Clinical Supervision Practicum. 4th year students will be given priorities over 3rd year students and Dr. Kirk will make decisions on enrollment based on progress in clinic and space available in course.

Prior completion of at least one year of graduate-level supervised clinical practicum (e.g., Clinical Practicum 1 & II) is a prerequisite for the PSYC 951 class.

Objectives

1. To develop a knowledge-base related to clinical supervision/consultation theory, research, and practice from a multicultural perspective.
2. To understand the social context in which clinicians and clinical psychologists are trained.
3. To appreciate the many variables that contribute to the literature and practice of clinical supervision and consultation. We will particularly focus on primary care and Integrated Behavioral Health consultation.
4. To develop knowledge and skills to allow you to assess your personal strengths and weaknesses as a clinical supervisor and consultant.
5. To develop conceptual and observational skills to assess trainee competence and outcomes, and assess supervisory and consultation process as well as outcomes.
6. To articulate a personal approach to supervision.

Grades: The course will be graded A-F (plus/minus). **Note:** Graduate School policy states that "the letter **I** (incomplete) is used to indicate coursework that has been of passing quality, some part of which is, for good reason, unfinished." If you anticipate that you can't complete the work for the class on time and don't have a legitimate reason, please consider withdrawing from the course. Otherwise, missing work must be graded as **F**. In all cases, incomplete grades (**I**) must be discussed with me beforehand and a deadline for completion of work must be negotiated and set.

Evaluation

1. Supervisory critique. Each student will conduct a “supervisory critique” of one of their own psychotherapy sessions (current or past)—focusing on aspects of your work with the client. The sessions that are the focus of the supervision must be digitally recorded and they will only be viewed by Dr. Kirk. The analysis/critique should be no more than 8 pages **double-spaced** and is due **Oct. 1, 2012. (40 points)**

2. Consultation paper. Each student will prepare a paper 5-8 double spaced page paper describing a consultation they conducted, or plan to conduct (current, retrospective, or future): an initial assessment/consultation with a client, behavioral consultation, consultation with an outside provider (e.g., psychiatrist, social worker, school provider) and submit a critique of their work to include a description of what occurred or will occur (fully de-identified and what they would now do differently given knowledge gained in the course). This paper is due **11/05/12 (40 points)**

4. Regular attendance and informed class participation. (20 points)

If you must miss class then you are required to submit a 2-3 page reaction paper on the readings assigned for that class period.

Note: *Any student in this course who has a disability that prevents the fullest expression of her or his abilities or effort should contact me personally and as soon as possible so that we can discuss the appropriate accommodations necessary to complete the course requirements.*

Overall Grades:

93-100 A

90-92 A-

86-89 B+

83-85 B

80-82 B-

Class 1: Introduction and overview, terms and definitions

Readings: B&G (Ch. 1 & 2)

Competencies in Supervision (2004). Falendar et al. on **Bb**

Enhancing supervisee reflectivity in clinical supervision (2010) Orchowski et al. on **Bb**

Difficult to Supervise by Adelson on **Bb**

Addressing Professional Competency Problems in Trainees, Johnson et al. on **Bb**

Class 2: Readings: B&G (Ch. 3 & 4)

Commentaries on Ethical and Effective Practice, Barnett et al. on **Bb**

Informed Consent through Contracting for Supervision, Thomas et al. on **Bb**

Multiple Relationships in Supervision (2007). Gottlieb et al. on **Bb**

Also Critical Incidents for Week 2 (Ch. 2, 9 and 19 on Bb)

Class 3: Readings: B&G (Ch. 5, 6, & 7)

Supervisor Cultural Responsiveness & Unresponsiveness (2006). Burkhead et al. on **Bb**

Self-Disclosure of Sexual Orientation (2008). Newman et al. on **Bb**

Black Therapists' Supervising Black Trainees (2011) on **Bb**

Class 4: Readings: B&G (Ch. 9)

Negative Supervisory Events (2002) Ramos-Sanchez et al. on **Bb**

Psychotherapy trainees experience of counter productive events in sup. (2001) on **Bb**

Supervisor and Supervisee self-disclosure approaches on **Bb**

For your review but not required reading for class:

Supervision Contracts and Supervision Notes – Examples on **Bb**

The Supervisor's Toolbox from **B&G p. 303**

Class 5: Readings: HGOB (Ch. 1 & 2)

Postgraduate Grow Area in Primary care and Bray's APA Presidential Address on **Bb**

Class 6: Readings: HGOB (Ch. 3 & 4)

Consultation and Liaison in Psychology Training

Class 7: Readings from Part II selected by peers

*We will assign class members to chapters in which they have an interest. They will then present the chapter and discuss how one would approach the consultation.

Class 8: Readings from Part II selected by peers

Blasé and Kazdin Rebooting Delivery of Services and Reactions on **Bb**

*We will assign class members to chapters in which they have an interest.

They will then present the chapter and discuss how one would approach the consultation.